

# SCAN Food Distribution List

## Included in every bag:

Canned meats:  
Includes chicken, tuna, chili,  
Dinty Moore beef stew, etc.

Canned fruits

Shelf-stable milk

Canned vegetables

Canned or dried beans

Pork and beans/baked beans

Soup

Spaghetti sauce, pasta sauce,  
or canned diced tomatoes

Peanut butter and jelly

Cereal (kid-friendly) and oatmeal

Pancake mix and syrup

Macaroni and cheese mixes

Dry pasta:  
Spaghetti, macaroni, or noodles

## Extra items: *(when available)*

Juice (bottles or boxes)

Coffee, tea, or other drinks

Dry soup or ramen noodles

Rice, stuffing,  
packaged mashed potatoes, etc.

Broth or gravy

Snacks:  
Cookies, cakes, brownies, crack-  
ers, chips, granola bars, potato  
chips, etc.

Spaghettios, canned ravioli, and  
other single serve meals

Taco mix, taco shells, sauce, etc.

Nuts, trail mix, small packages of  
dried fruit, etc.

Condiments:  
Ketchup, mustard, vegetable oil,  
salad dressings, pickles, olives  
mayonnaise, etc

Items can be dropped off at **SCAN**, Thursdays and Saturdays from 9 AM to 12 PM.  
Drop-off Location: St. James Parish, 5757 Solomons Island Road, Lothian, MD 20711  
(in the lower level of the Education Building). If making a donation outside of these  
days/times, please contact **SCAN** first to coordinate your drop-off, **410-867-2838**.  
Additional notes: SCAN is not a function of St. James Parish; St. James generously  
provides operating space to the Pantry. The Pantry is closed on holidays and when  
Anne Arundel County Public Schools are closed or have a delayed opening due to  
inclement weather.